

COMMUNION RITE

To prepare for the paschal meal, to welcome the Lord, we pray for forgiveness and exchange a sign of peace. Before eating Christ's body and drinking his blood, we must be one with him and with all our brothers and sisters in the Church.

LORD'S PRAYER

- Priest:** A Let us pray with confidence to the Father in the words our Savior gave us:
B Lord Jesus you taught us to call God our Father, and so we have the courage to say:
C Let us ask our Father to bring us to forgive those who have sinned
against us so that our sins may also be forgiven.
D Let us pray for the coming of the kingdom as Jesus taught us.

Priest and PEOPLE:

Our Father, who art in heaven, hallowed be thy name;
thy kingdom come; thy will be done on earth as it is in heaven.
Give us this day our daily bread; and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.

OR:

**Pater noster, qui es in cælis: sanctificétur nomen tuum;
advéniat regnum tuum; fiat volúntas tua, sicut in cælo,
et in terra. Panem nostrum cotidiánum da nobis hódie;
et dimitte nobis débíta nostra, sicut et nos dimittimus
debitóribus nostris; et ne nos indúcas in tentatiónem;
sed libera nos a malo.**

- Priest:** Lord Jesus, turn away Satan's evil,
and grant us eternal peace with you.
In your mercy help us always to acknowledge
and confess our sins and protect us from unnecessary anxiety
as we wait in joyful hope for your final coming.

- PEOPLE:** For the kingdom, the power, and the glory are yours, now and for ever.

SIGN OF PEACE

The Church is a community of Christians joined by the Spirit in love. It needs to express, deepen, and restore its peaceful unity before eating the one Body of the Lord and drinking from the one cup of salvation. We do this by a sign of peace.

The priest says the prayer for peace:

Lord Jesus Christ, you said to your apostles:
I leave you peace, my peace I give you.
Look not on our sins, but on the faith of your Church,

and grant us the peace and unity of your kingdom
where you live for ever and ever.

PEOPLE: Amen.

Priest: The peace of the Lord be with you always.

PEOPLE: And also with you.

BREAKING OF THE BREAD

Christians are gathered for the "breaking of the bread," another name for the Mass. In communion, though many we are made one body in the one bread, which is Christ.

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The priest breaks the host over the paten and places a small piece in the chalice, saying quietly:

Through this mingling of the body and blood of our Lord Jesus Christ
May we, who receive Him worthily, be brought to eternal life.

Meanwhile the people sing or say:

Lamb of God, you take away the sin of the world:
have mercy on us.

Lamb of God, you take away the sin of the world:
have mercy on us.

Lamb of God, you take away the sin of the world:
grant us peace.

OR:

Agnus Dei, qui tollis peccáta mundi, miserére nobis.

Agnus Dei, qui tollis peccáta mundi, miserére nobis.

Agnus Dei, qui tollis peccáta mundi, dona nobis pacem.

The hymn may be repeated until the breaking of the bread is finished,
but the last phrase is always: "Grant us peace," or "dona nobis pacem."

PRAYERS BEFORE COMMUNION

We pray in silence and then voice words of humility and hope as our final preparation before meeting Christ in the Eucharist.

Before communion, the priest says quietly one of the following prayers:

Lord Jesus Christ, Son of the living God, by the will of the Father
and the work of the Holy Spirit your death gave access to eternal life.
By your holy body and blood separate me from every evil. Keep me
faithful to your teaching, and never let me be parted from you.

OR:

Lord Jesus Christ, with faith in your love and mercy I eat your body
and drink your blood. Let it bring me the health in mind and body

that drives devils from my path.

Holding the bread elevated slightly over the paten and facing the people, the priest says:

This is the Lamb of God who takes away the effect
of Adam's sin and the sins of repentant sinners.
Happy are those who are called to his supper.

OR:

This is the Lamb of God
who takes away the sins of the faithful.
Happy are those who are called to his supper.

OR:

This is the Lamb of God
who allows entry into God's kingdom.
Happy are those who are called to his supper.

Priest and PEOPLE: (once only):

Lord, I am not worthy to receive you,
but only say the word and my soul shall be healed.

RECEPTION OF COMMUNION

Before receiving communion, the priest says quietly:

May the body of Christ strengthen me in faith.

OR:

May the body of Christ lead me to everlasting life.

OR:

May Christ's holy word lead me to everlasting life.

May the blood of Christ strengthen me in faith.

OR:

May the blood of Christ lead me to everlasting life.

OR:

Lord, accept our offerings for the sake of your kingdom.

Priest then gives communion to the people.

Priest: The body of Christ: OR: *Corpus Christi*

Communicant: Amen.

There should be a period of silence after Communion that encourages spiritual reflection.

COMMUNION SONG

The Communion Psalm or other appropriate Song or Hymn is sung while Communion is given to the faithful. If there is no singing, the Communion Verse is said

SILENCE AFTER COMMUNION

After communion there may be a period of silence, or a song of praise may be sung.

Concluding Rite
PRAYER AFTER COMMUNION

STAND

The priest prays in our name that we may live the life of faith since we have been strengthened by Christ himself. Our Amen makes his prayer our own.

Priest: Let us pray. OR: **Orémus**

Priest and people may pray silently for a while.
Then the priest says the prayer after communion; As in Today's Mass

At the end,
PEOPLE: Amen.

CONCLUDING RITE

We have heard God's Word and been privileged with the body of Christ. Now it is time for us to leave, to do good works, and to praise and bless the Lord in our daily lives. (or similar Prayer)

Sit during any brief announcements. The blessing and dismissal follow:

BLESSING (STAND)

Priest: The Lord be with you.

PEOPLE: And also with you.

Priest: *Benedicat vos omnipotens Deus, Pater, + et Filius, et Spíritus Sanctus.*

OR: May almighty God bless you, the Father, + and the Son, and the Holy Spirit.

PEOPLE: Amen.

DISMISSAL

Deacon (or priest):

- A. Go in the peace of Christ.
- B. The Mass is ended, go in peace.
- C. Go in peace to love and serve the Lord

PEOPLE:

- A. Thanks and praise to God.

- B. The Lord has shown us the way.
- C. Praise to the Lord.